



# February Athlete of the Month: Beth Sinson

Contributed by Vantage Financial | Senior Photo by Megan Papchristou

Beth Sinson went to her first ice rink when she was a week old. With two older siblings playing hockey and a dad who coached throughout their youth hockey experience, Beth had no choice but to tag along. As soon as she could walk, she couldn't wait to put on a pair of skates. At eighteen-months-old, she figured out how to shuffle around the family's backyard rink. Eager to play hockey, Beth entered the Elmbrook Youth Hockey mini-mite program at age four and spent the next eight years playing co-ed hockey, developing her skills, and learning the game. Driven to compete at the collegiate level, Beth shifted to the AAA girl's hockey program with the Milwaukee Jr. Admirals. During the start of her sophomore year of high school, she made a big decision to leave home during the hockey season (October – March) to train and play with the North American Hockey Academy (NAHA) in Massachusetts. Although leaving home was challenging, Beth shared, "the experience to live with my teammates has not only brought me new friends from across the US, but a new family, too." The support of her Brookfield East teachers and guidance counselor has been invaluable in helping her maintain a rigorous academic curriculum with her NAHA tutors. When the hockey season ends, Beth always looks forward to returning to the Brookfield East community where she has been a member of the varsity softball team.

A three-time WI Central District Camp attendee, two-time National Camp attendee, and recipient of the NAHA Coaches Award the past two seasons, Beth strives to consistently give maximum effort and work with others in the best interest of the team. Her coach expressed, "Beth is always pushing herself on and off the ice; whether she is reviewing film, doing extra reps, or helping a teammate with

an academic question, she brings a positive attitude and leads by example." Playing hockey has helped Beth see herself as "someone who has the potential to overcome adversity and succeed in mentally and physically challenging situations," she expressed. This mental toughness will serve Beth well as she looks forward to competing at the collegiate level and pursuing a career in medicine.

## Getting to know Beth Sinson:

**Future Plans:** Next year I will be attending Colby College in Waterville, ME to play ice hockey. I'm currently planning to study neuroscience or biology and going premed.

**Favorite Quote:** "The legs feed the wolf." – Herb Brooks

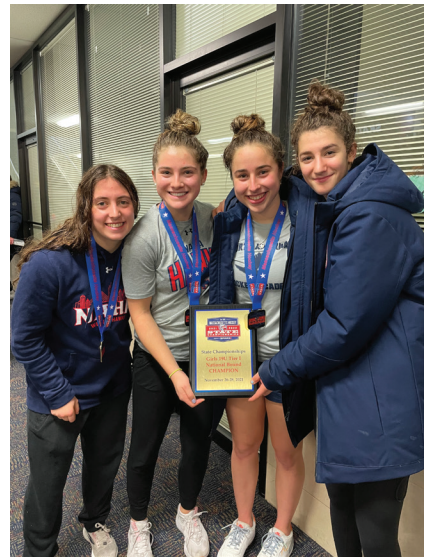
**Favorite Food:** Sushi

**Favorite Pre-Game Song:** Purple Hat by Sofi Tukker

**Sport Highlight:** In November, my team won the U19 Massachusetts State Championship in OT securing our bid to nationals. Since NAHA is not a regular AAA or prep school team, we have never been eligible to attend until this season. This will be the first time in NAHA's 20-year history they will participate!

**Fun fact about Beth:** I have extra bones in my wrists.

*The Athlete of the Month Scholarship program application can be found on the Vantage Financial website [www.VFPlanning.com](http://www.VFPlanning.com) or through your high school's guidance and career counseling website. If you are a high school senior who plays sports, resides in Elm Grove or Brookfield, and attends a Wisconsin high school, you are eligible to apply for a \$1,500 scholarship sponsored by Vantage Financial Partners.*



**JESSE NIEDERBAUMER**  
CEO & Senior Wealth Advisor

**ANDY MEYER**  
Partner & Senior Wealth Advisor

13230 Watertown Plank Rd.  
Elm Grove, WI 53122  
P | 262-439-8587  
W | [vfplanning.com](http://vfplanning.com)  
E | [info@vfplanning.com](mailto:info@vfplanning.com)

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