



ELMBROOK STUDENT ATHLETE OF THE MONTH

BENNETT KINNEY

Submitted by Sharie Sinson, Vantage Financial

Bennett Kinney discovered his passion for triple and long jump when he joined track in middle school. A multi-sport athlete, who also competed in basketball and club soccer, Bennett started seriously focusing on track in high school. As a four-year varsity member of the Brookfield East High School track and field team, “Bennett has a tremendous amount of responsibility on his shoulders as a leading member of the team,” his coach shared. He competes in the 100m dash, 200m dash, 400m dash, triple jump, and high jump. A disciplined, focused, and hard-working team player, Bennett has earned the respect of his teammates and coaches.

Although track and field is often viewed as an individualistic sport, Bennett remarked that he has “cultivated better relationships than in any other sport” he has played. Bennett genuinely enjoys the relationships he has fostered not only with his teammates, but also with those he has competed against in meets over the years. During his high school track journey, Bennett was a contributing member to Brookfield East’s Regional Championship and Sectional Championship teams earning many awards including the 2021 Conference 4x400 relay bronze medal and triple jump gold medal, the 2021 Conference individual triple jump bronze medal, and the 2022 Indoor Conference 4x160 silver medal and triple jump silver medal.

In addition, Bennett was a four-year varsity member of the Spartan’s two-time Regional Champion men’s soccer team, and a three-time recipient of the GMC Scholar Athlete Award, which recognizes academic excellence. Bennett is active in the school community participating in Key Club, Spanish Honor Society, National

Honor Society, and Link Crew. He contributes articles for the student-led publication, Spartan Banner, and volunteers as a musician for his parish’s church services.

Sports has taught Bennett important lessons about work ethic, attitude, mindset, and preparation which will undoubtedly serve him well as he begins his college journey. Bennett is heading to the University of Wisconsin-Madison in the fall to pursue a degree in engineering and intends to obtain a PhD in the future.

GETTING TO KNOW BENNETT KINNEY:

Favorite Quote: “We must all face the choice between what is right, and what is easy.” - Albus Dumbledore

Favorite Food: Cranberries

Favorite Pre-Game Song: Wouldn’t Get Far by The Game

Track Highlight: My favorite moment was competing at state last season. The environment was absolutely electric.

Fun fact about Bennett: Skiing is my escape from all forms of stress or anxiety. The thing that makes me love skiing is how “in the moment” you are when skiing. When you’re skiing down a steep slope full of moguls, every turn counts. When you’re high in the mountains, every breath you take matters. Because of the nature of skiing, you must be completely focused on what you’re doing.



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